

PE Yearly Coverage

The expectation is that 2 taught sessions of PE are done per week to ensure a broad coverage in line with the Nation Curriculum and to ensure pupils are getting the weekly PE requirements. Green indicates where specialized Sports Coaches are used to lead the sessions, and ensuring all staff receive quality CPD.

Where Athletics 'Getting ready for Sports Day,' sessions occur the aims of the sessions are that the following events are explicitly taught for all to ensure Sports Day Readiness:

EYFS – obstacle race, running race, egg and spoon, and balancing race.

KS1 – Field Events (Sprint, sprint relay, hurdles, and obstacle) Field events (javelin and throwing a beanbag at a target)

KS2 - Field Events (Javelin, Discuss, standing long jump and Overhead throw), Track events (sprint, sprint relay, obstacle and hurdles) and

Key elements to enable these skills have been taught earlier on in the year to ensure progression of skills is continually developed.

During the 'Getting ready for Sports Day,' sessions pupils are able to evaluate their own and the performance and improve on this within their next sessions.

Swimming is provided for pupils in Years 5 and 6.

Year 5 is our main swimming cohort, with Year 6 attendance used to support pupils who have not yet met the National Curriculum expectation of being able to swim 25 metres confidently and perform safe self-rescue skills.

Pupils are grouped according to ability and receive targeted instruction from qualified swimming teachers.

Non-swimmers and less confident swimmers receive additional support within smaller groups to develop water confidence, swimming technique and water safety knowledge.

Progress is monitored throughout the programme to ensure pupils make sustained progress towards the expected standard. Data is recorded using the Schools Swimphony website. This is completed by swim instructors and updated after all children have completed their swimming block.

Catch-up swimming opportunities are provided for pupils who have not yet achieved the National Curriculum requirements by the end of their initial swimming programme.

This is currently supported through Year 6 swimming provision, enabling identified pupils to continue developing their swimming competence and water safety skills.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1	Introduction to PE – BB Friday pm	Dance – BB Friday pm	Gymnastics – BB Friday pm	Fundamentals	Getting ready for Sports Day	Ball skills
	Movement		Yoga			
FS2	Introduction to PE – BB Friday pm	Dance – BB Friday pm	Gymnastics – BB Friday pm	Ball Skills	Getting ready for Sports Day	Team Games
	Fundamentals		Yoga			
Y1	Fitness - BB Wednesday am	Dance - BB Wednesday am	Fundamentals- BB Wednesday am	Gymnastics – BB Wednesday am	Yoga -BB Wednesday am	Sending and receiving
	Team Building		Striking and Fielding	Athletics – Getting ready for Sports Day		
Y2	Fitness – BB Wednesday am	Dance – BB Wednesday am	Fundamentals BB Wednesday am	Gymnastics – BB Wednesday am	Yoga - BB Wednesday am	Yoga – BB Wednesday am
	Team Building		Striking and Fielding	Athletics - Getting ready for Sports Day		Team Games
Y3	Fitness – GF Wednesday pm	Fundamentals – GF Wednesday pm	Multi Sports – GF Wednesday pm	Ball Skills – GF Wednesday pm	Striking and fielding – GF Wednesday pm	Rounders – GF Wednesday pm
	Gymnastics		Yoga	Dance – BB Friday pm	Athletics – Getting ready for Sports Day	Netball
Y4	Fitness- GF Wednesday pm	Multi Sports – GF Wednesday pm	Ball Skills – GF Wednesday pm	Football – GF Wednesday pm	Striking and fielding – GF Wednesday pm	Rounders – GF Wednesday pm
	Gymnastics		Fundamentals	Dance – BB Friday pm	Athletics – Getting ready for Sports Day	Yoga
Y5	Fitness -GF Wednesday pm	Fundamentals – GF Wednesday pm	Ball Skills - GF Wednesday pm	Multi Sports – GF Wednesday pm	Athletics/ Getting ready for Sports Day- GF Wednesday pm	Cricket – GF Wednesday pm
		Autumn 2 - Swimming (6weeks	Hockey		Musical Dance BB Friday pm	

		– 1:30-2:30PM - Friday)		Athletics – Getting ready for Sports Day	
Y6	Autumn 1 - Swimming (6weeks – 1:30- 2:30PM Friday)	Gymnastics	Hockey	Athletics – Getting ready for Sports Day	Musical Dance BB Wednesday am
				Musical Dance BB Friday pm	

Wednesday Morning – Brooke Bathgate

- 9:45 – 10:30am Year 2 – Autumn, Spring and Summer 1
- 9:45 – 10:30am – Year 6 – Summer 2 (Musical support and prep)
- 10:45 – 11:30am – Year1 - All year

Wednesday Afternoon –Gordon Fearne

- 1:00pm – 1:45pm – Year 5 – all year
- 1:45pm – 2:30pm – Year 3 all year
- 2:30pm – 3:15pm - Year 4 – Autumn and Spring term
- 2:30pm – 3:15pm – Year 6 – Summer term

Friday Afternoon – Brooke Bathgate

- 1;20pm – 2:50pm FS1 and FS2 - Autumn and Spring 1 (Rachael to sort groups within this time frame)
- 1:20pm – 2:00pm – Year 3 – Spring 2
- 2:05pm – 2:50pm – Year 4 - Spring 2
- 1:20pm-2:50pm – Year 5 and 6 – Summer term – Musical dance prep.