



1st October 2024

Dear Parents and Carers,

A gentle reminder that we are a nut free school and we have a number of students with serious nut allergies.

With this in mind, could we politely ask that no products containing nuts are sent into school, for example in lunchboxes or as part of birthday treat.

Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuits and chocolate bars containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Sesame seed rolls and breads
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts. Check the bottom of the ingredient label to see if it may contain peanut/nut products or was processed in a peanut/nut factory.

If at all unsure, please contact school.

Yours sincerely

Mrs Hautenne

Deputy Head Teacher

