



RE and RSHE Curriculum Overview Whole-School Links

Primary Curriculum Framework for Relationships Education, Relationships and Sex and Health Education

Created by the Diocese. Personalised with the provision at BRW

Revised November 2020

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there is broad overlap.

The three themes are:

- **Created and loved by God** (this explores the individual)
The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.
- **Created to love others** (this explores an individual's relationships with others)
God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.
- **Created to live in community – local, national & global** (this explores the individual's relationships with the wider world)
Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of 'Education in Virtue' and 'Religious Understanding' as well as strands which cover the PSHE content of the theme. Word of the Week, other resources and events and links to the school calendar are cross-referenced throughout.

***From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.**

Some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil's involvement within Collective Worship

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 1: Created and Loved by God	I know: That I am made by God	Myself (Domestic Church-Autumn term)	Wonder at God's love Nursery p.7	5. Belonging		Picture my World resource	
	What I am good at		God loves each of us in our uniqueness Reception p.12	11. Individuality	Self-confidence and self-awareness (40-60+mths)	Picture My World	BRW Talent Show
	Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)		16. Joy 46. Awesome		Picture My World resource	
	I know: That I am living and growing	Growing (Lent/Easter Spring term)			The world (30 – 50mths)	Harvest Resources	
	That a baby grows inside its mother's womb before birth		God loves each of us in our uniqueness Reception p.14				

EYFS

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	I can: Identify living things				Understanding the world (30 – 50mths)		
	Be patient when I do not get what I want straight away				Managing feelings and behaviour (30-50mths)		
	I know : What I like and dislike		Wonder at God's love Nursery p.9		Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Name similarities and differences between myself and others		Wonder at God's love Nursery p.8 God loves each of us in our uniqueness Reception p.11	11. Individuality	The world (40-60+mths)		

EYFS

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	Keep clean by washing and drying my hands				Health and self – care (30-50mths)		School Hand Washing Routines
	That a baby grows inside its mother's womb before birth		God loves each of us in our uniqueness Reception p.14				
	I know: What I like and dislike		Wonder at God's love Nursery p.9		Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Say how I feel at different times		Wonder at God's love Nursery p.9				

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 2: Created to love others	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation- Summer term)	God loves each of us in our uniqueness Reception p.14	15. Peace 16. Joy 23. Care 26. Prayer 28. Almsgiving	Making relationships (22–36mths)		Fair Trade Fortnight February School Charitable Giving Calendar
	I can: Say 'please' and 'thankyou'				Managing feelings and behaviour (40-60+mths)	Picture my World resource	School and Class Values
	That God loves me and I can talk to God through prayer	All Topics	Wonder at God's love Nursery p.10 God loves each of us in our uniqueness Reception p.14				Collective Worship – School, Key Stage and Class liturgies
	Say 'sorry'	Friends (Reconciliation- Summer term)		15. Peace 21. Challenge 24. Healing	Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September
	That Jesus cares for me and I am part of God's family	Myself (Domestic Church- Autumn term)		7. Relationships 23. Care			

EYFS

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)		23. Care 28. Almsgiving 35. Vocation			
	I know: Who can help me in school				Self-confidence and self-awareness (30-50mths)		House Meetings and Assembly – School Safety
	That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)	God loves each of us in our uniqueness Reception p.11	3. Community 4. Inclusion 5. Belonging	Understanding the world People and communities(22-36mths)		
	I can: Identify special people (family, carers, friends) in my life		God loves each of us in our uniqueness Reception p.12		Making relationships (30-50mths)		
	When people are being unkind to me or others and how to respond			23. Care 24. Healing	Making relationships (30-50mths)		Anti-Bullying Week

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 3: Created to line in community – local, global & national	To explore who my neighbour is – locally / globally	Our World (Universal Church Summer term)		3. Community 4. Inclusion 5. Belonging 28. Almsgiving		Picture my World resource	Eco cross-curricular links/Fair Trade Fortnight
	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14	Word of Week - All	Making relationships (22–36mths)		Fair Trade Fortnight February School's Charitable giving calendar
	Right and wrong actions	Friends (Reconciliation-Summer term)		29. Sacrifice	Managing feelings and behaviour (40-60+mths)		Anti-Bullying Week
	To make the sign of the cross	EYFS Focus and throughout					Collective Worship – School, Key Stage and Class liturgies
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)		23. Care 28. Almsgiving 35. Vocation			

EYFS

		Come and See	Journey in Love	Word of the Week	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	Show friendly behaviour towards others		God loves each of us in our uniqueness Reception p.13	23. Care 24. Healing 28. Almsgiving 35. Vocation 15. Peace	Making relationships (30-50mths)		Fair Trade Fortnight February Anti-Bullying Week
	Ask questions about the wider world	Our World (Universal Church Summer term)			Understanding the world –the world (40-60+mths)	God's Wonderful World linked to (Come and See Universal Church)	

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
Theme 1: Created and Loved by God	That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church- Autumn term)		11. Individuality			BRW Talent Show
	Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16	12. Worship		Picture My World resource A Day with Musa resource	
	I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15		Living things and their habitats Y2 Sc2/2.1b Animals including humans Y2 Sc2/2.3b		
	That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)					
	Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)		14. Hope			School Values (5Rs)

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	I can: Identify the needs of people and other living things.				Animals including humans Y2 Sc2/2.3c		
	Describe the similarities and differences between people (general)					A Day with Musa resource	
	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			23. Care 44. Decisions 47. Happy	Animals including humans Y2 Sc2/2.3c	Health resource Water resource	World Health Day 7 April
	I know: That we all have different likes and dislikes					A Day with Musa resource One Day One World resource	

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God's love in our family Y1 p.15 We meet God's love in the community Y2 p.19	47. Happy 24. Healing			
	I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God's love in our family Y1 p.18	5. Belonging 5. Individuality			
	Talk about my mood and know that how I am feeling is a normal part of daily life						Emotion Scaling opportunities in class World Mental Health Day

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
Theme 2: Created to love others	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			47. Happy 23. Care 20. Discipleship			School and Class routines and values Class code of conduct
	That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18 We meet God's love in the community Y2 p.19- 22	7. Relationships 26. Prayer			Collective Worship – School, Key Stage and Class liturgies
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19	3. Community 5. Belonging		Refugees resource Universal Church topics	
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		15. Peace 23. Care 24. Healing			Reconciliation Services KS2 Lenten Calendar

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Be forgiving, able to say sorry to mend relationships	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		15. Peace 23. Care 24. Healing			
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		15. Peace 23. Care 24. Healing		Picture My World resource A Day with Musa resource	
	Look after myself and show respect to others			15. Peace 23. Care		Picture My World resource A Day with Musa resource	World Mental Health Day
	Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)					School and Class Values and Code of Conduct
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		44. Decisions 45. Courage			School and Class Values and Code of Conduct

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		44. Decisions 45. Courage			World Mental Health Day Emotion Scaling in classrooms
	Describe how to keep safe in the sun					Health resource	SunSmart Assembly (summer term)
	I know: Who to go to if I am worried or need help						School assembly and House Meetings – Staying Safe
	That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19	3. Community 4. Inclusion 5. Belonging 7. Relationships 11. Individuality			
	I can: Recognise what makes people special.			11. Individuality		KS1 Bangladesh resource	

Key Stage One

		Come and See	Journey in Love	Word of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			44. Decisions			Anti-Bullying Week November Internet Safety Week February
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19	44. Decisions 45. Courage			Anti-Bullying Week November Internet Safety Week February
	Recognise the characteristics of positive and negative relationships						
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable			45. Courage			Anti-Bullying Week November Internet Safety Week February
	Get adult help if someone is hurt		27. I know how to help others when they are in trouble				School assembly and House Meetings – Staying Safe

Key Stage One

		Come and See	Journey in Love	Words of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
Theme 3: Created to line in community – local, global & national	Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term) Neighbours Y1 (Universal Church-Summer term)		3. Community 5. Belonging		KS1 Bangladesh resource Laudato Si Care for our Common Home	Fair Trade Fortnight February
	Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19			Fair Trade Resource Laudato Si Care for our Common Home	Fair Trade Fortnight February
	To make, and understand the sign of the cross			4. Inclusion			Collective Worship – School, Key Stage and Class Liturgies
	Be friendly and can make friends						School and class values Code of conduct 5Rs Mission Statement
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		44. Decisions			

Key Stage One

		Come and See	Journey in Love	Words of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		23. Care 24. Healing			Reconciliation Services
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		15. Peace 16. Joy 23. Care 26. Prayer 28. Almsgiving		Picture My World resource A Day with Musa resource	Mission Statement Anti-bullying week

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
Theme 1: Created and Loved by God	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church- Autumn term) Other Faiths weeks	God loves us in all our differences Y4 p. 28 -32	5. Belonging		One Day One World	
	That God wants me to use my individual gifts, talents and abilities		God loves us in all our differences Y4 p.30	11. Individuality			
	Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		15. Peace 23. Care 24. Healing		Peace and Conflict resource	Reconciliation Services
	Be grateful to others for the good things in my life	Homes Y3 (Domestic Church-Autumn term)		34. Faith – Alleluia!		One Day One World resource	

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	I know: That my body is changing as I grow and some of the changes that occur throughout life.		God loves us in all our differences Y4 p.28-32				
	How a baby grows and develops in its mother's womb	Visitors Y3 (Advent-Autumn term)	God loves us in all our differences Y4 p.28-32				
	Accept that I do not always get what I want and show an awareness of why this is	Self-Discipline Y4 (Lent/Easter-Spring term)					School values – 5Rs
	I can: Describe the needs of people and other living things, including the need to reproduce		God loves us in all our differences Y4 p.28-32				
	Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		God loves us in all our differences Y4 p.28-32			One Day One World resource	Universal Children's Day 20 November

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science Curriculum	Links to CAFOD	Links to Global Calendar
	Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene				Animals including humans Y3 Sc3/2.2		World Mental Health Day
	I can: Confidently say what I like and dislike		How we live in love Y3 p.26			One Day One World resource	
	I can: Describe the wider range of my feelings		God loves us in all our differences Y4 p.30-32				
	Describe changes that happen in life e.g. loss, separation, divorce and bereavement	Community Y4 (Local Church-Spring term)					
	Describe some ways to maintain good mental health, (exercise, diet sleep, company)						World Mental Health Day

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
Theme 2: Created to love others	I can Be courteous, showing good manners at home and in school						
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23 God loves us in all our differences Y4 p.28-32	7. Relationships			
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term) Called Y4 Baptism/Confirmation-Autumn term		5. Belonging		Refugees resource Universal Church topics	
	That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	God loves us in all our differences Y4 p.30	15. Peace 23. Care 24. Healing			Mission Statement Reconciliation Services

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
	Describe how and why to keep safe in the sun						SunSmart Assembly (summer term)
	Be respectful of myself and others, recognising differences		How we live in love Y3 p.23	3. Community 4. Inclusion 5. Belonging 11. Individuality		One Day One World resource	
	Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation - Summer term)	How we live in love Y3 p.25	7. Relationships 3. Community			
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		23. Care 3. Community		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February
	I know: That some behaviour is unacceptable		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	2. Learning 15. Peace		Global Neighbours resource Laudato Si Care for our Common Home	Holocaust Memorial Day 27 January World Environment Day 5 June

Lower Key Stage Two

		Come and See	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
	Cope with natural negative emotions and show resilience following setbacks		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	45. Courage			
	I know: That I can go to a number of different people for help in different situations.		How we live in love Y3 p.23				
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church- Autumn term)					

Lower Key Stage Two

		Come and See Sacramental Preparation Education programme	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
	What bullying is (including cyber- bullying) and how to respond						Anti-Bullying Week November
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	How we live in love Y3 p.23	23. Care			
	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online						Internet Safety Week February Anti-Bullying Week
	Make a clear and efficient call to emergency services if necessary						Emergency services day
	That not all images, language and behaviour are appropriate						Internet Safety Week February

Lower Key Stage Two

		Come and See Sacramental Preparation Education programme	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
	The difference between good and bad secrets						
	Why social media, some computer games and online gambling, for example, are age restricted.						
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health						
	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.						

Lower Key Stage Two

		Come and See Sacramental Preparation Education programme	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
Theme 3: Created to live in community	Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation -Summer term)	How we live in love Y3 p.24	1. Welcome 23. Care 3. Community 4. Inclusion 15. Peace			
	Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation -Summer term) Other Faiths weeks	How we live in love Y3 p.23	3. Community 28. Almsgiving		Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February
	Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church -Summer term)				Climate and Environment Resource Fair Trade Resource Laudato Si	Fairtrade Fortnight February

Lower Key Stage Two

		Come and See Sacramental Preparation Education programme	Journey in Love	Words of the Week	Science	Links to CAFOD	Links to Global Calendar
	That God is Trinity	Special Places Y3 God's People Y4					
	That some behaviour is unacceptable						Anti-Bullying Week
	That following Jesus' teaching on forgiveness can help me in my relationships with my friends	Choices Y3 Building bridges Y4 (Reconciliation -Summer term)		43. Wisdom 44. Decisions 15. Peace 23. Care 24. Healing			
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		43. Wisdom 44. Decisions 15. Peace 23. Care 24. Healing 28. Almsgiving		All CAFOD resources	Fair Trade Fortnight 26 February

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
Theme 1: Created and Loved by God	I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36	5. Belonging 11. Individuality		One Day One world resource	
	That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/ Belonging- Autumn term)		35. Vocation		Oscar Romero resource	
	I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6		Animals including humans Sc5/2.2a		
	About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6				

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		Y5 p.34 God loves me in my changing and development The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6				
	About the differences between boys and girls with regard to puberty and reproduction		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.37-39				
	About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination		*SDB Y5 /6		Animals including humans SC6/2.2b		Drugs Education World Mental Health Day

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	I can: Be confident in my relationships with my peers in various situations, including online						Internet Safety Week February
	I can: Describe how my emotions may change and intensify as I grow and move through puberty		God loves me in my changing and development Y5 p.35 *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.42-43				
	It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.						
	I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6				

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)	*SDB Y5 /6				
	Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.						Mental Health Awareness day/week

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
Theme 2: Created to love	I can: Be courteous in my dealings with friends and strangers			4. Inclusion 5. Belonging 23. Care			
	I know: That some behaviour is unacceptable, unhealthy or risky						Internet Safety Week February
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage						SunSmart Assembly (Summer Term)
	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic Church-Autumn term) Other Faiths weeks	God loves me in my changing and development Y5 p.33-36	5. Belonging 11. Individuality		One Day One World resource	

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)		43. Wisdom 44. Decisions 15. Peace 23. Care 24. Healing		Advent and Lent resources	
	Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges		God loves me in my changing and development Y5 p.35	45. Courage			Internet Safety Week February School Values 5 Rs
	That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local Church-Spring term) Unity Y6 (Eucharist-Spring term)		3. Community		Universal Church Topic Year 6	Fair Trade Fortnight February

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	Be honest, striving to live truthfully and with integrity, using good judgement			41. Knowledge 42. Understanding 43. Wisdom 44. Decisions			School Values and mission Statement 5 Rs
	Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		28. Almsgiving		All CAFOD resources	Fair Trade Fortnight February BRW Charitable giving calendar
	How to use technology safely						Internet Safety Week February
	I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them			41. Knowledge 42. Understanding 43. Wisdom			NSPCC Assembly

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	About some basic first-aid, dealing with common injuries						Red Cross First Aid – Year 6
	How to make informed choices in relationships		God loves me in my changing and development Y5 p.35 The wonder of God's love in creating new life Y6 p.42	7. Relationships 41. Knowledge 42. Understanding 43. Wisdom			
	That my increasing independence brings increased responsibility to keep myself and others safe			41. Knowledge 42. Understanding 43. Wisdom			Internet Safety Week February 5Rs
	That prayer and worship nourish my relationship with God and support my relationships with others	All topics	God loves me in my changing and development Y5 p.36 The wonder of God's love in creating new life Y6 p.44	12. Worship 26. Prayer 7. Relationships		CAFOD Assembly resources	

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.						
	Why social media, some computer games and online gambling, for example, are age restricted.						
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health						
	How to be a discerning consumer of information online, including understanding that information, including that from						

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	search engines is ranked, selected and targeted.						
	How to report and get help if I encounter inappropriate materials or messages			41. Knowledge 42. Understanding 43. Wisdom			Internet Safety Week February

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
Theme 3: Created to live in community	That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)			41. Knowledge 42. Understanding 43. Wisdom			
	About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		3. Community 4. Inclusion 5. Belonging		Global Neighbours resource	World Day for Cultural Diversity 21 May
	That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers						
	To know: That God is Trinity, a communion of persons.						

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		16. Joy 46. Awesome 47. Happy 48. Celebration		One Day One World resource	
	Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		29. Sacrifice		Advent and Lent Resources	
	I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)		23. Care 29. Sacrifice			
	Be loyal, able to develop and sustain friendships						

Upper Key Stage Two

		Come and See	Journey in Love	Word of the Week	Science	Links to CAFOD	Links to Global Calendar
	Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		15. Peace 23. Care 28. Almsgiving 38. Example 41. Knowledge 42. Understanding 43. Wisdom 44. Decisions 45. Courage		Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February BRW Charity calendar
	Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		15. Peace 23. Care 28. Almsgiving 38. Example 41. Knowledge 42. Understanding 43. Wisdom 44. Decisions 45. Courage		Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February BRW Charity Calendar
	Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		43. Wisdom 44. Decisions 15. Peace 23. Care 24. Healing			Reconciliation Service
	That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread						

Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2010) www.tentenresources.co.uk/relationship-education

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

[Global Calendar](#)

<https://globaldimension.org.uk/calendar/>

***SDB** – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black

Suggested additional Resources

All That I Am - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

It is recommend that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).