## **Helping at Home - Handwriting**



At school, we develop children's gross motor (big movements) and fine motor (small movements) skills. We do this through the continuous provision including the trim trail, ball games, lifting blocks, playing in the mud kitchen, building with lego bricks, painting and building sandcastles..... (the list is endless) and through focus activities such as dough disco, mark-making with chalks and practising writing their names. Please look at the handwriting video on the blog for more information. The children learn to write all letters in small-case (except the initial letter of their name) and once they are making circles and lines they should be taught to start each letter from the top and form it correctly because it makes life difficult for them once the wrong movements are stored in their muscle memory.

